

Rachael Wilkins Soaking Session Leadership/Pastor's Guide



*"As we gather together in the secret place, my prayer for you is that you will
encounter Jesus in a tangible and intimate way.
He is worthy of every passion, every pursuit, every praise."
~ Rachael*

For basic hosting information (equipment needs, hosting expectations, etc.), please refer to the Ministry Hosting Packet. This Guide is designed to help you prepare for your soaking session with Rachael.

What is a soaking worship session?

A soaking worship session is an intentional time of intimate worship where an atmosphere is created to encourage personal encounter with Jesus. As gentle and soothing worship is released into the room, people are encouraged to open their hearts to receive from the Lord whatever He has for them. Some may sing softly, while others might pray quietly and still others may prefer to sit quietly and listen. Holy Spirit is given the freedom to move and lead as He wishes.

Room Setting

The room can be any size. Emphasis is on creating a calm and soothing atmosphere that feels safe and inviting for people to come in and relax in the presence of Jesus. Things like lighting and seating can make a difference here. Items to consider having available (optional) include: bottled water, kleenex, communion elements.

Atmosphere

As space allows, people should feel the freedom to sit or lay before the Lord. Journaling is encouraged, and if you like, you can set aside a space for art expression. Ultimately, the model is to have a comfortable and non-disruptive time for everyone involved. Personal conversations, etc. should be taken out of the room to avoid disturbing others in their intimate time with Jesus.

Personal Ministry

People respond to a soaking atmosphere in a variety of ways. In the event someone has an emotional response or begins to manifest, please be prepared for you or someone on your team to gently escort them out into another area/room to minister to them so that the soaking atmosphere is not disrupted.

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